

2016

ANNUAL SESSION

National Extension Association of Family & Consumer Sciences

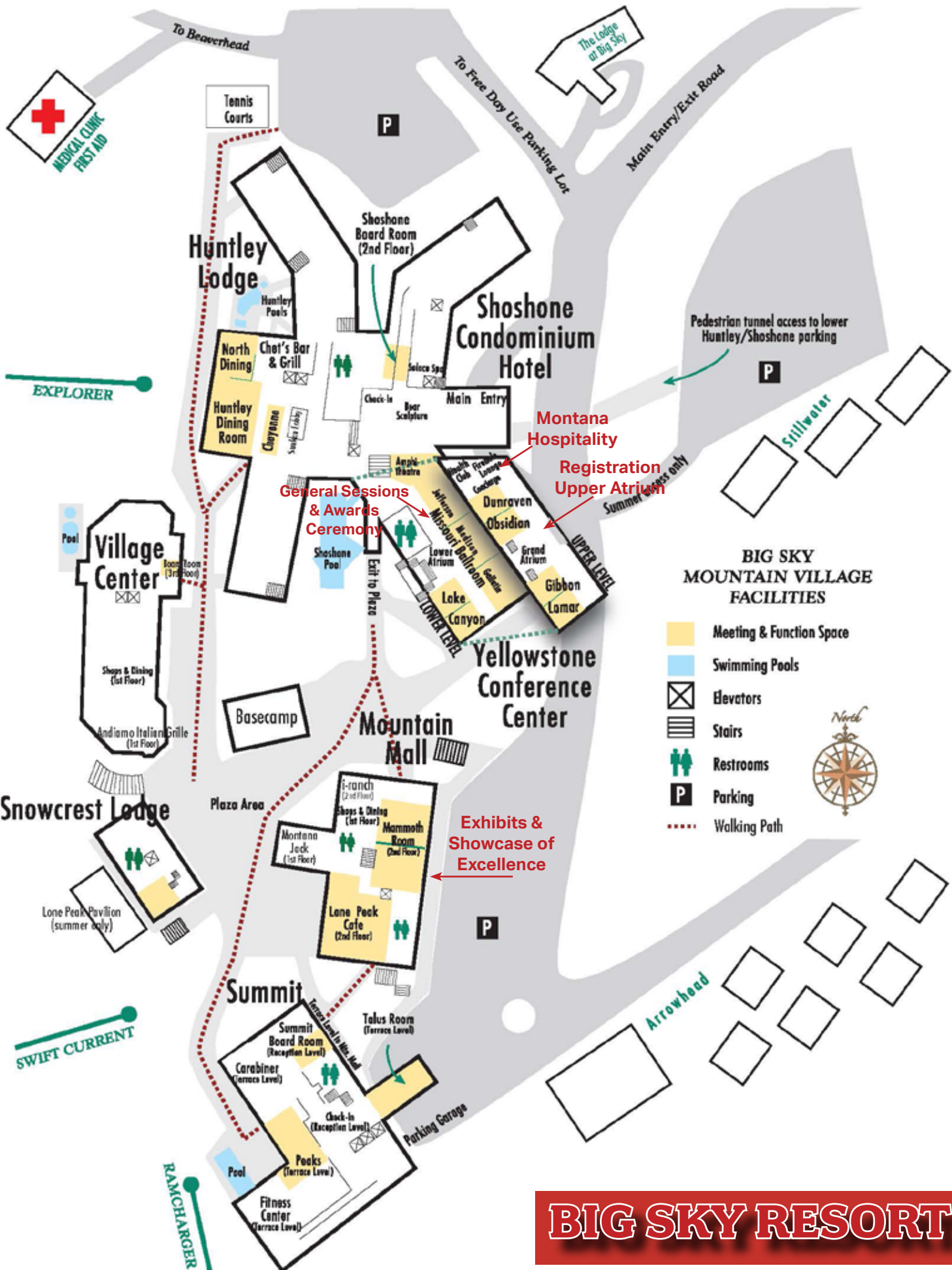
Big Sky, Montana

September 12-15

National Extension Association of Family & Consumer Sciences



discover | connect | engage



BIG SKY MOUNTAIN VILLAGE FACILITIES

- Meeting & Function Space
- Swimming Pools
- Elevators
- Stairs
- Restrooms
- Parking
- Walking Path



BIG SKY RESORT



ROLL UP GRANDPARENTS!

NEAFCS ANNUAL SESSION SPONSORS

Platinum (\$7,000)

Western Dairy Association

Silver Sponsor (\$4,000)

Jarden Home Brands

Copper Sponsor (\$2,000)

American Income Life Special Risk Division

NEAFCS AWARDS SPONSORS

Clean and Healthy Families and Communities Award

American Cleaning Institute

Dean Don Felker Financial Management Award

NEAFCS Indiana Affiliate

Community Partnership Award

Wisconsin Cooperative Extension

Family Health & Wellness Award

NEAFCS Idaho Affiliate

NEAFCS MONTANA AFFILIATE DONORS \$500 AND ABOVE

NEAFCS Montana Affiliate - \$6,943

Council of Extension Professionals - \$5,616

NEAFCS Kentucky Affiliate - \$2,000

Montana Association of Extension 4-H Agents - \$4,000

Montana Farm Bureau - \$750

NEAFCS Idaho Affiliate - \$1,000

Epsilon Sigma Phi - \$2,500

Women Involved in Farm Economics - \$500

MSU College of Agriculture - \$500

MSU Dept of Agricultural Economics and Economics - \$500

NEAFCS New Mexico Affiliate - \$600

Montana Association of County Agricultural Agents - \$2,000

2016 ANNUAL SESSION COMMITTEE

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Debby Mathews, *President*

Theresa Mayhew, *President-Elect*

Joey Peutz, *Western Region Director*

Tara Andrews, *Montana Affiliate Co-liasion to the Board*

Sheila Friedrich, *Montana Affiliate Co-liasion to the Board*

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Jody Atkins, *President/CEO, and NEAFCS Executive Director*

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National Extension Association of Family & Consumer Sciences

Welcome to Big Sky! We are so glad you are here and ready to fully engage in Annual Session 2016. Whether you are here to accept an award, present, or to experience the “West”, we hope you will gain more than you imagined possible from this experience. Please take time to fully achieve the three objectives of Annual Session 2016. They are to:

DISCOVER new frontiers in research and information

CONNECT to strengthen the vitality of individuals, families and communities.

ENGAGE with colleagues to expand program impacts

As you review the program book please notice the eleven program tracks. They are:

Administration/Leadership/Community Development; Life Span Development: Aging, Child and Human Development; Sustainable Living: Textiles, Clothing; Housing and Environment; Life Member; Financial Management; Food Safety; Health; Nutrition; Parenting Education; Technology and Social Media; 4-H and Youth Development.

Following these tracks can help you select topics that will best suit your personal professional growth objectives. Be sure to take time to make new friends and reconnect with longstanding colleagues, as well. We hope your experience will be a memorable and educational one under the Big Sky of Montana.



Debby Mathews
NEAFCS President



Patricia Merk, Ph.D.
Vice President for
Professional Development

OFFICE OF THE GOVERNOR
STATE OF MONTANA

Steve Bullock
GOVERNOR



Mike Cooney
LT. GOVERNOR

Dear Extension Professionals:

It is my pleasure to welcome you to Big Sky, Montana for the National Extension Association of Family and Consumer Sciences annual session.

For over 100 years, folks like you have worked diligently within Montana State University Extension's Family and Consumer Sciences Program. It is the distinct honor and responsibility of extension professionals to accept new challenges and work tirelessly to help communities meet their needs and goals through learning partnerships. Because of your efforts, communities all across Montana and this nation persevere through our ever-changing times. I commend you on your hard work to improve the lives of and empower individuals and families back home.

I hope you take advantage of all the great opportunities presented to you at this session. Use this time, and the valuable input from specialists and program leaders to raise awareness of Family and Consumer Sciences issues so that together, we can all ensure that our children are presented with the same opportunities to succeed as we were.

I am pleased to support your efforts in building leaders for our future, providing professional growth, and being resources for education, information, and networking throughout the country. Thank you to the Montana Affiliate of the National Extension Association of Family and Consumer Sciences for hosting this session and inviting all you wonderful folks to the Big Sky State! I encourage everyone to get out and enjoy all that Montana has to offer if you have time.

Sincerely,

A handwritten signature in blue ink, appearing to read "Steve Bullock".

STEVE BULLOCK
Governor



September 11, 2016

**Family & Human
Development**

Greetings!

Welcome to the 2016 NEAFCS Conference at Big Sky, Montana! We are so excited to be hosting the conference! Whether this is your first trip to our great state or you are a returning visitor, we hope you enjoy your stay. Big Sky is centrally located to offer you a variety of experiences. Yellowstone Park is a short drive south and Bozeman is an equal distance to the north, so you can enjoy many outdoor activities, the natural features of Yellowstone, wildlife viewing and unique shopping.

As always, the NEAFCS Conference is full of great workshops and presentations covering a variety of areas within our field! We hope you take advantage of these great learning opportunities presented by your colleagues. The MEAFCS members are here to help make your conference experience memorable. Please let us know if we can assist you in anyway. You can identify us by our blue scarves with gold polka dots and our silver Montana shaped nametags.

Have a great week of learning, reconnecting with colleagues, meeting new friends and enjoying all we have to offer in Montana.

Sincerely,

Sandy Bailey

Sandy Bailey, PhD, CFLE
FCS Program Leader & Extension Specialist
Montana State University Extension

*Montana State University,
U.S. Department of
Agriculture and Montana
Counties Cooperating.
MSU Extension is an equal
opportunity/affirmative
action provider of
educational outreach.*

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Mountains & Minds

GENERAL INFORMATION

ICON KEY

-  **Wellness Activity**
-  **Ticket Required**
-  **Meal Provided**
-  **Sponsor**

REGISTRATION

Sunday
4:30PM - 7:30PM

Monday
7:00AM - 5:00PM

Tuesday
7:00AM - 2:00PM

Wednesday
7:00AM - 5:00PM

Thursday
8:00 AM - 12:00 PM

MESSAGE BOARD

A message board will be available near the Annual Session Registration Desk for leaving messages about State's Night Out, photography appointments, to exchange or sell in-depth session tickets, and other messaging needs.

THE COUNTRY STORE

Thursday, 10:00 AM
Some of Montana's greatest treasures are the artisans and crafters who live from the east side to the west side and all the miles in between. The Montana Affiliate has gathered unique gifts and souvenirs that have been hand-crafted by artisans throughout the state. We hope you will plan to enjoy shopping in The Country Store and that you find that unique Montana treasure to take home with you. We are planning have things that are easily packed and transported whether you travel by plane, train or automobile.

HOSPITALITY

Stop by the Montana Affiliate's Hospitality Table, located in the Firehole Lounge

Hospitality Hours:

Monday
10:00AM - 12:00PM
2:00PM - 5:00PM

Tuesday
8:00AM - 1:00PM

Wednesday
8:00AM - 10:15AM
12:00PM - 4:00PM

Thursday
8:00AM - 11:00AM
5:00PM - 6:00PM

EXHIBIT HALL

The NEAFCS Exhibits are located in the Mammoth Ballroom.

Exhibit Hall Hours

Wednesday - 12:30PM - 5:00PM
Thursday - 8:30AM - 12:00PM

Exclusive Exhibit Hours

To give you extra time to visit each exhibitor, we've scheduled the following exclusive exhibit hours:

Wednesday
Lunch: 12:30PM - 1:30PM

Thursday
Continental Breakfast: 8:00AM - 9:00AM

Exhibit Selling Policy

The focus of the exhibits continues to be education and public relations. ONLY Exhibitors NEAFCS Affiliates who have purchased Sales Tables may sell products at Annual Session. This may be done from their booth/table.

Exhibit Forums

Exhibitors whose abstract submittals were reviewed and accepted will present educational sessions in the Lone Peak Cafe, 30 minutes each.

Wednesday
1:45PM - 4:30PM

Thursday
8:00AM - 10:45AM

PHOTOS

Annual Session photos will be available to download online after Annual Session. Photos will be taken during the Welcome Event, before State's Night Out, at the Awards Ceremony, and at the Awards

After Party Dinners. To schedule a group picture, please sign up on the Message Board located next to the Annual Session Registration Counters.

CONTINUING EDUCATION / PROFESSIONAL DEVELOPMENT UNITS

CEUs and PDUs are available from the following: AAFCS, AFCPE, NCFR. Certificates and information will be on the NEAFCS web site after the conference.

WELLNESS ACTIVITIES

Tuesday - Yoga
6:00AM

Wednesday - Cardio
6:00 AM

Thursday - Yoga
6:00AM

SILENT AUCTION

Sponsored by the Sponsorship and Support Subcommittee, the NEAFCS Educational Awards Fund will be hosting a Silent Auction in the Upper Atrium to raise funds to support the annual Awards program. Attendees will bid on items using their names.

Donated Items

Drop off items you wish to donate to the Silent Auction. Items can be dropped off at the following times. Auction forms will be available.

Sunday
4:30PM - 7:30PM

Monday
7:00AM - 7:00PM

Silent Auction Hours

Wednesday
12:30PM - 5:00PM
Final bids are due before the Silent Auction closes at 5:00PM

Winning Bid Item Pickup

Thursday
11:00AM - 12:30PM



President's Charity

Boys and Girls Club of Southwest Montana • www.bgcswmt.org

Project – Ag Education Barn

Please join me in contributing to the Boys and Girls Club of Southwest Montana. Last year they served 2,288 through their programs which include agricultural education!

Unique Characteristics of Boys & Girls Clubs:

Clubs are community-based and building-centered.

Clubs provide a safe, affordable place for young people during non-school hours and the summer as an alternative to the streets or being home alone.

Clubs are led by paid, trained youth development professionals.

I have selected this club as the president's charity based on its' strong Extension FCS connections. Here is a brief history of the club:

The Boys & Girls Club of Southwest Montana is currently in its 21st year of operation. **The club's roots in Gallatin County go back to 1906, when a group of women from the local land grant Agricultural College provided an Extension Program consisting of the following: gardening, nutrition, outdoor science, woodworking, fishing, and sewing for girls at the former Salesville, now Gallatin Gateway. In 1995, the Extension agents led our leadership in a strategic planning process that resulted in a five year plan and our partnership with the Boys & Girls Club.** Our youth have remained very active in planning and fundraising for buildings including barns we have restored at rented properties. Now we have the opportunity to purchase a barn of our own and restore it for a living classroom and to honor pioneer families who came before us.

Please give to the president's charity by contributing cash or a check at the registration area. From our donations of little red wagons to daycare centers, to assistance with the agricultural education barn project, let's leave SW Montana's children with concrete evidence of our commitment to excellence in child and family development.

Sincerely,

Debby Mathews
NEAFCS President 2015-2016

CONCURRENT SESSIONS AT-A-GLANCE

Wednesday • September 14

TRACK	8:00 AM - 8:45 AM	9:00 AM - 9:45 AM	10:00 AM - 10:45 AM
Committee	Diversity Session: How Culture Affects Nutrition, Health and Learning	Creating and Submitting a NEAFCS Annual Session Proposal and What's Up With <i>Journal of Extension</i> Creating Award Winning Submissions	
Award	Mary Wells Diversity Award (1st Place Central Region Winner) - Buy Eat Live Healthy Nutrition Education for All Dean Don Felker Financial Management Award - Check Your Credit Report Reminder Campaign		Mary Wells Diversity Award (1st Place National Winner) - Empowering Minority Populations with Diabetes Education Food Safety Award - Preserve@Home
Parenting	Review and Adaption of Parenting Programs with Incarcerated Parents	Evaluation of An Enhancement of 1, 2, 3, 4 Parents!	Block Party Education in Early Childhood Settings: A Multi-State Collaboration
Administration/Leadership/Community Development	Cooperative Extension and Americorps are a Winning Combination	Developing a Marketing Mindset: Training and Mentoring for County Extension Employees	Preparing Extension Family and Consumer Sciences Educators for Success
Life Span	The Five Love Languages: Train the Trainers	Mental Health Awareness in Extension: What You Need to Know	Powerful Tools for Caregivers: An Evidence-Based Program for Family Caregivers and Grandfamily Audiences
Health	Lessons Learned from Implementation of a Health-Focused Master Volunteer Program	Action Pack Families: Bringing Healthy Choices Home Cooperative Extension and Health Literacy: A National Focus	Health Insurance Literacy: An Assessment of Cooperative Extension Programs
Financial Management		Implementing Annie's Project: Cross-Program Partnerships of Family and Consumer Sciences and Agriculture/Small Farm Extension	Know Your Dough
Nutrition		Veggie Rx: A Prescription for Partnerships in Healthy Eating & Education	Extension Weighs In: An Early Childhood Obesity Prevention Model
Food Safety			Cottage Food Producer & Safe Food Sampling Laws Keep it Safe! Keep it Legal!

CONCURRENT SESSIONS AT-A-GLANCE

Thursday • September 15

TRACK	2:00 PM - 2:45 PM	3:00 PM - 3:45 PM
Award	<p>Program Excellence Through Research Award - Focus Groups Guide Development of UGA SNAP-Ed Programs</p> <p>Social Networking Award - Combining Twitter Chats and Google Hangouts for Financial Education Outreach</p> <p>Clean and Healthy Families and Communities Award - Home Safety: When You Come First, You Last</p>	<p>Community Partnership Award - The Greenwood Avenue Farmers Market: Community Partnership Yields Year One Successes</p>
Parenting	X	<p>Strategizing the Tug-of-War Between Program Implementation and Evaluation</p>
Life Span	<p>Aging in Place with Assistive Devices</p>	<p>Going Digital - A 1980s Program Becomes Virtual</p> <p>Blending Families</p>
Health	<p>Healthy Habits, A Way of Life</p>	<p>H.I.M. (Health Information for Men)</p>
Financial Management	<p>Improving Financial Capability: Teachers, High School and Preschool Students</p>	<p>Design Your Succession Plan for Farm and Ranch Families</p>
Food Safety	<p>Certified Food Protection Manager Video Conference Programs</p>	
Technology	<p>Text Messaging Technology as a Mode of Delivery for Nutrition Interventions</p>	<p>Connecting and Engaging Your TEam to Be Successful in Social Media Programming</p>
4-H Youth Development	<p>Active Healthy Living: Incorporate It Into Your 4-H Programs</p>	<p>Happer Me! Youth Stress Reduction Program Using Mindfulness-Based Approach</p>

SAVE THE DATES

Joint Council of Extension Professionals
JCEP

JCEP Leadership Conference
February 8-9, 2017
Double Tree by Hilton at the entry to Universal Studios, Orlando, Florida

JCEP PILD Conference
April 2 - 5, 2017
Hyatt Regency Crystal City, Arlington, Virginia

8:00AM-11:30AM

**Pre-Conference Workshop - North Mammoth Room
Wildflower Reflections: Families, Property, and Estate
Planning**

Marsha A. Goetting, Ph.D.



While everyone owns some type of property—saving accounts, stocks, mutual funds, automobiles or a home—many are unaware how the wording on accounts, titles, or deeds determines who receives them upon the owner's death. "Most people have strong feelings about who gets the

property we have worked so hard to accumulate," says Dr. Marsha Goetting, Montana State University Extension Family Economics Specialist

Dr. Goetting has combined her career-long emphasis in estate planning with her recent passion for wildflowers in a creative presentation. Regardless of your age, financial situation, or marital status you will learn facts that will help you jump-start your estate planning preparations and provide you with ideas for presenting the topic in your communities.

Notecards featuring wildflowers Marsha has photographed are at the Montana Country Store and Exhibit Hall. All proceeds will go to the Montana Extension Association of Family and Consumer Sciences for the Big Sky NEAFCS Annual Conference.

Marsha A. Goetting is a Professor and Extension Family Economics Specialist at Montana State University in Bozeman. During the past seven years she has presented over 450 educational sessions reaching over 13,000 Montanans with financial and estate planning information. She has received state, regional and national awards for her programs. Dr. Goetting received her Bachelor's and Master's degrees in Family Economics and Adult Education from Kansas State University. Her Ph.D. is from Iowa State University.

3 Educational Objectives:

- Participants will learn how the different forms of property ownership impact who gets the property upon death of the owner.
- Participants will learn how payable on death designations and transfer on death registrations can assure that accounts pass to desired beneficiaries.
- Participants will learn marketing strategies for estate planning programs.

8:00AM-11:30AM

**Pre-Conference Workshop - South Mammoth Room
Different Kinds of Minds Contribute to Society
Temple Grandin, Ph.D.**



People think differently. Some are visual thinkers, others are mathematical and a large percentage are verbal word thinkers. Different ways of thinking will often create effective solutions to problems because their skills complement each other. There is scientific evidence that some people think

in photo realistic pictures and others think in mathematical patterns. Temple Grandin will explain how being a visual thinker helped her with both her design and understanding animal behavior.

Temple Grandin, Ph.D., is the most accomplished and well-known adult with autism in the world. Now her fascinating life, with all its challenges and successes, has been brought to the screen with the HBO full-length film Temple Grandin, starring Claire Danes.

Dr. Grandin is a speaker who inspires and motivates others through her story. She didn't talk until she was three-and-a-half years old, communicating her frustration instead by screaming, peeping, and humming. In 1950, she was diagnosed with autism and her parents were told she should be institutionalized. She recounts "groping her way from the far side of darkness" in her book *Emergence: Labeled Autistic*, a book that stunned the world because until its publication, most professionals and parents assumed that an autism diagnosis was virtually a death sentence to achievement or productivity in life.

Even though she was considered "weird" in her young school years, she eventually found a mentor who recognized her interests and abilities. Dr. Grandin later developed her talents into a successful career as a livestock-handling equipment designer, one of very few in the world. She has now designed the facilities in which half the cattle are handled in the United States, consulting for firms such as Burger King, McDonald's, Swift, and others.

Dr. Temple Grandin currently works as a professor of animal science at Colorado State University and speaks around the world on both autism and cattle handling.

3 Educational Objectives:

- Understand how different ways of thinking can complement each other when solving problems.
- Help teachers effectively educate people who think differently.
- Gain insight into animal behavior.

1:00PM-3:30PM GENERAL SESSION

Missouri Ballroom

Opening Slideshow

Virtual Parade of States by Regional Directors

Welcome

Debby Mathews, *NEAFCS President*

Presentation of Colors

MSU Marching Band

Pledge of Allegiance

Lisa Terry
NEAFCS Montana Affiliate President

National Anthem

MSU Marching Band

Greetings

Patty Merk
NEAFCS Vice President for Professional Development

Greetings

Tara Andrews and Sheila Friedrich
NEAFCS Montana Affiliate Co-Liaisons

Welcome

Jeff Bader
Director Montana State University Extension

Western Dairy Council Presentation

Cindy French

Keynote Speaker Introduction

Jeff Bader

Keynote Presentation

Dr. Waded Cruzado
President of Montana State University

Announcements

Patty Merk, Tara Andrews and Sheila Friedrich

KEYNOTE PRESENTATION

Dr. Waded Cruzado

President of Montana State University



Since January of 2010, Dr. Waded Cruzado has served as the 12th President of Montana State University, and during that time she has significantly reshaped the face and future of the state's first land-grant institution.

An articulate and inspirational speaker on the role of the public university, President Cruzado has become well-known for her understanding of the Morrill Act, which created the land-grant university system 150 years ago. She is a passionate champion of the land-grant's tripartite mission of education, research and public outreach, as well as the important role higher education plays in the development of individuals and the prosperity of the nation.



The image shows a graphic for a 'WELCOME EVENT TAILGATE PARTY!' set against a background of a football field. A red wagon with a football inside is in the foreground. A yellow tag icon with a fork and knife is in the top left corner. The event details are listed in a blue box at the bottom.

WELCOME EVENT


TAILGATE PARTY!

Monday • September 12, 2016
4:30 PM – Prepare Wagons
5:00 PM – Marching Band/Champ/Balloon Guy
5:30 PM – Games/Branding/Roping
6:00 PM – Wagon Parade
6:45 PM – Dinner
7:15 PM – Fireside Singing, Games, Crafts, Balloon Art, Bingo
8:30 PM – Wrap Up

Attire for Welcome Evnet: Please wear casual, layered clothing, comfortable shoes and carry minimal personal items.


TUESDAY • SEPTEMBER 13

6:00AM - 7:00 AM

Wellness Activity: Yoga 

Room: Wellness Studio, Village Center
Discover the benefits of yoga at a beginner class. This yoga class is student-focused, all levels are welcome. Start your day by connecting and engaging your body, breath, and mind in Big Sky Country.

7:00 AM

First Timer's Event - with Continental Breakfast 

Room: Huntley Dining Room

7:00 AM - 2:00 PM

Registration Opens

8:00 AM - 12:00 PM

Exhibit Company Move In

12:30 PM - 5:00 PM

Exhibitor Move In

Room: Mammoth Ballroom

CONCURRENT SESSIONS

8:00 AM - 8:45 AM

Track: Committee

Diversity Session: How Culture Affects Nutrition, Health and Learning

Room: Amphitheater

Presenters: *Diana Romano, Lorrie Coop, Ines Beltran, Edda Cotto-Rivera*

Culture and language development affect learning. Participants will improve skills to provide sensitive diverse learning experiences for all ages and explore ways to create partnerships to reach culturally diverse audiences.

Track: Award

Mary Wells Diversity Award (1st Place Central Region Winner) - Buy Eat Live Healthy Nutrition Education for All

Room: Dunraven/Obsidian

Presenters: *Jill Weber, Gail Forristall, Julie Mayhew, Cinda Tenorio, Susan Potwin*

Iowa's Buy Eat Live Healthy Nutrition Education program for families with low income expanded efforts to reach refugees and Spanish speaking families by hiring bilingual staff and partnering with translators.

Track: Parenting

Review and Adaptation of Parenting Programs with Incarcerated Parents

Room: Lake/Canyon

Presenters: *Katie LaPlant, Melissa Welker, Nancy Stehulak, Jamari White*

Explore the unique challenges and benefits of parenting programs with incarcerated parents. This session will highlight program use and adaptation as well as reflections on working with incarcerated populations.

Track: Administration/Leadership/Community Development

Cooperative Extension and Americorps are a Winning Combination

Room: Lamar/Gibbon

Presenters: *Darcy Dixon, Chris Neukom, Cathy Martinez*

Cooperative Extension and AmeriCorps are a perfect match in their missions and outreach efforts. Participants will learn how to partner with AmeriCorps to boost community service and get things done!

Track: Life Span

The Five Love Languages: Train the Trainers

Room: Cheyenne

Presenters: *Andrea Bennett, Terrill Peck, Eric Murphy, Gwen Crum, Ami Cook, Cheryl Kaczor, Patty Morrison*
WVU Extension developed a program based on *The Five Love Languages* by Dr. Chapman. This program, which is research based, is now ready for others to use.

Track: Health

Lessons Learned from Implementation of a Health-Focused Master Volunteer Program

Room: Talus

Presenters: *Lisa Washburn, Lauren Copeland, Jessica Vincent, LaVona Traywick*

This workshop will share about a health-focused master volunteer program, the Extension Wellness Ambassador Program, including training format and content, program outcomes, and "lessons learned" from program development and implementation.

Track: Award

Dean Don Felker Financial Management Award - Check Your Free Credit Report Reminder Campaign

Room: Jefferson

Presenters: *Margaret Olive, Carol Bralich, Sherry Daniels, Liz Lexau, Sarah Siegel, Shelley Tidemann, Nancy Vance, Chelsea Wunnicke, Michael Collins, Collin O'Rourke*

Over 600 individuals have signed up for e-mail reminders to order their free reports through the "Check Your Free Credit Report" campaign. When enrolling, 72% of participants had not ordered their report in the past year.

Track: Financial Management

Smart Actions to Take to Make Smart Use of your Health Insurance

Room: Madison

Presenters: *Maria Pippidis, Mia Russell, Virginia Brown, Bonnie Braun, Lynn Little, Thersa McCoy, Christine Garcia*

Researchers report consumers don't know how to use their health insurance plans. This session will provide seven strategies for using health insurance effectively to reduce cost and improve health.

Track: Nutrition

Mediterranean Cuisine Comes to You!

Room: Gallatin

Presenters: *Lynn James, Rayna Cooper, Fran Alloway*

Mediterranean Cuisine Comes to You! is a new evidenced-based program developed to increase the intake of this healthy eating pattern using an engaging and experiential cross-cultural context including local foods.

CONCURRENT SESSIONS

9:00 AM - 9:45 AM

Track: Committee

Creating and Submitting a NEAFCS Annual Session Proposal

Room: Amphitheater

Presenters: *Pat Brinkman, Katie Tomblin, Margaret Jenkins*

Come learn about the NEAFCS proposal submission and selection process. In this hands-on workshop you will learn how to draft and develop your seminar and/or showcase proposal.

TUESDAY • SEPTEMBER 13

What's Up With *Journal of Extension*

Presenters: Luann Boyer, NEAFCS
JOE Board Representative, Cody Stone, Western Region Directors JOE Representative, Associate Director, Montana State University Extension
The *Journal of Extension* is a resource for all Extension professionals from new employees to retired life members. Come learn what's up with JOE and why it's the "go-to" resource.

Track: Life Span

Mental Health Awareness in Extension: What You Need to Know

Room: Dunraven/Obsidian

Presenter: *Jami Dellifield*

Learn how to accommodate those diagnosed with a mental health disorder, to incorporate mental health education, and to utilize the Mental Health First Aid ALGEE method during Extension programming.

Track: Parenting

Evaluation of an Enhancement of 1,2,3,4, Parents!

Room: Lake/Canyon

Presenters: *Laura Hubbs-Tait, Amanda Morris, Cara Bosler, Ruth Slocum, Brenda Miller, Gloria King, Lani Vasconcellos, Cindy Conner, Tommie Jones*

Evaluation of enhanced *Active Parenting* preschool curriculum supports its effectiveness. Attendee skills include how to incorporate new activities and games and how to modify educator training for effective program delivery.

Track: Administration/Leadership/Community Development

Developing a Marketing Mindset: Training and Mentoring for County Extension Employees

Room: Lamar/Gibbon

Presenters: *Amy Elizer, Shirley Hastings, Christopher Sneed*

Developing a Marketing Mindset participants will learn five best practices for implementing a peer-led, Extension marketing and communications training. Overview of content and evaluation results will also be shared.

Track: Health

Action Pack Families: Bringing Healthy Choices Home

Room: Cheyenne

Presenters: *Andrea Scarrow, Marsha Davis, Courtney Still, Richard Lewis, Rebecca Mullis, Mand Kinsey, Whitney Costin, Kathryn Holland*

Action Pack Families is a nutrition and physical activity program for childhood obesity prevention developed, implemented and evaluated by partners in Public Health and Family and Consumer Sciences/Extension.

Track: Health

Cooperative Extension and Health Literacy: A National Focus

Room: Talus

Presenters: *Sonja Koukel, Lisa Barlage, Nancy Crevier, Sarah Bercaw, Jatunn Gibson, Belinda Letto, Fatemeh Malekian, Cathy Newkirk, Linda Quade*

The ECOP National Health Literacy Action Team will provide an overview of health literacy; challenges facing health literacy education; existing programs/curriculum for consumers and educators; and Extension's leadership role.

Track: Committee

Creating Award Winning Submissions

Room: Jefferson

Presenters: *Awards Committee*

Learn how your peers have mastered the art of creating award winning submissions on the National level. Join us for an insightful workshop with great networking opportunities.

Track: Financial Management

Implementing Annie's Project: Cross-Program Partnerships of Family and Consumer Sciences and Agriculture/Small Farm Extension

Room: Madison

Presenters: *Surine Greenway, Rikki Ruiz*
Annie's Project is cross-emphasis subject matter of Family Consumer Sciences and Agriculture/Small Farm Extension Educators partnering to deliver significant impact to farm/ranch women, improving quality and success of their operation.

Track: Nutrition

Veggie Rx: A Prescription for Partnerships in Healthy Eating & Education

Room: Gallatin

Presenters: *Cheryl Kirk, Lauren Kraemer*
Extension partnered with medical providers, health departments, regional farmers markets/food banks and grocery stores to implement this approach to increase the consumption of fresh fruits and veggies among low-income families.

CONCURRENT SESSIONS

10:00 AM - 10:45 AM

Track: Award

Mary Wells Diversity Award (1st Place National Winner) - Empowering Minority Populations with Diabetes Education

Room: Amphitheater

Presenters: *Sonja Stueart-Davis, Jymann Davis, Jackie McLaughlin, Liz Buckner, Lorrie Coop, Courtney Davis, Tonya McGonagill, Mary A. Sanders, Kay Davis, Ninfa Purcell, Dianne Gertson*
Our success delivering culturally meaningful diabetes education for Hispanic/Latinos and African Americans reflects the spirit of the Mary Well's award. Receiving this award recognizes our organization's commitment to promote diversity.

Track: Life Span

Powerful Tools for Caregivers: An Evidence-Based Program for Family Caregivers and Grandfamily Audiences

Room: Dunraven/Obsidian

Presenters: *Sandra Bailey, Heather Greenwood, Christine Fruhauf, Lorianna Yancura*

Come learn about *Powerful Tools for Caregivers*, a six-week program for caregivers offered by Extension in many states and now piloted as a CYFAR project for work with grandfamilies.

TUESDAY • SEPTEMBER 13

Track: Parenting

Block Party Education in Early Childhood Settings: A Multi-State Collaboration

Room: Lake/Canyon

Presenters: *Jenny Wehmeier, Barbara Beaulieu, Karen Hinshaw, Bev Doll, Jona McNamee*

Extension Family Living Educators in Indiana, Wisconsin, and Montana contributed to develop a meaningful program in block party education of early childhood educators and parents, originally developed by Idaho Extension.

Track: Administration/Leadership/Community Development

Preparing Extension Family and Consumer Sciences Educators for Success

Room: Lamar/Gibbon

Presenters: *Karen Franck, Ann Berry, Dena Wise, Allisen Penn*

Success as an Extension educator requires dedication. Session participants will learn of a tested professional development tool, process and model for new educators.

Track: Food Safety

Cottage Food Producer & Safe Food Sampling Laws Keep it Safe! Keep it Legal!

Room: Cheyenne

Presenter: *Suzanne Driessen*

This session showcases cottage food producer and safe food sampling curricula developed in response to legislative action. Learn how to apply the backward curriculum design process in your programming efforts.

Track: Health

Health Insurance Literacy: An Assessment of Cooperative Extension Programs

Room: Talus

Presenters: *Joan Koonce, Virginia Brown, Dena Wise, Elizabeth Kiss, Mary Jo Katras, Kenneth Martin*

The session will discuss results of a national survey to determine what types of health insurance literacy programs are being conducted by Extension and barriers experienced in delivering these programs.

Track: Award

Food Safety Award - Preserve@Home

Room: Jefferson

Presenters: *Laura Sant, Carol Hampton, Joey Peutz, Anne Zander, Grace Wittman, Julie Buck, Surine Greenway, Glenda Hyde, Patricia Case, Nancy Kershaw*

Preserve@Home, an online home food preservation class, has had over 300 participants from across the United States. Evaluation results show that the majority of participants plan to follow research-based recommendations.

Track: Financial Management

Know Your Dough

Room: Madison

Presenters: *Rachel Hubbard, Mitzi Parker, Kathryn Holland, Kayla Craft, Sylvia Davis, Roxie Price, Suzanne Williams, Ann Centner, Andrea Scarrow, Michael Rupured*

Know Your Dough is a Financial Management curriculum developed to increase the money management skills of adults and positively impact behavior changes.

Track: Nutrition

Extension Weighs In: An Early Childhood Obesity Prevention Model

Room: Gallatin

Presenters: *Elaine Bowen, Cindy Fitch, Kelli Crabtree, Nancy O'Hara-Tompkins, Emily Murphy, Hannah Fincham, Gwen Crum, Lisa Montgomery, Eric Murphy, Kerri Wade*

This comprehensive program model aims to develop a sustainable and effective multi-level early childhood obesity prevention initiative with rural, high-risk families, schools, and communities.

11:00AM

Lunch On Your Own

12:00 PM - 8:00 PM

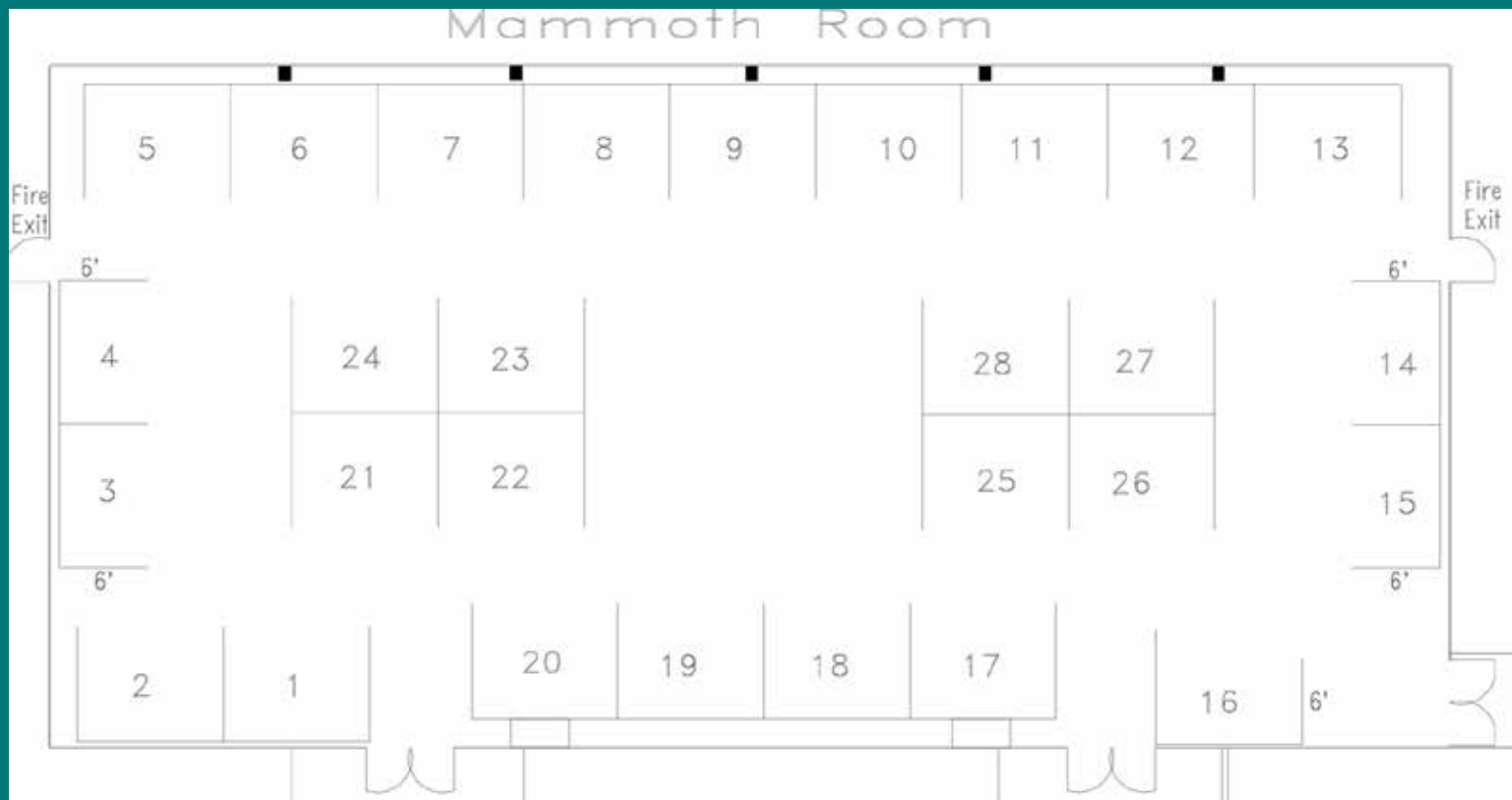
In-depth Sessions 📌

6:00 PM - 9:00 PM

Leadership Event (dinner/tour) 🍴🍷
(by invitation only)



EXHIBIT HALL



2017 Annual Session - Omaha, NE

BOOTH #: 7

Phone: (561) 477-8100

Email: jody@neafcs.org

Website: www.neafcs.org

Active Parenting Publishers

BOOTH #: 4

1220 Kennestone Circle, Suite 130

Marietta, Georgia 30066

Phone: (800) 825-0060

Email: cservice@activeparenting.com

Website: www.ActiveParenting.com

Contact Name: Rhea Lewis, *Marketing Coordinator*

Product/Service Description:

Led by founder, Michael H. Popkin, Ph.D., Active Parenting Publishers has provided award-winning, video-based education programs to helping professionals since 1983. Our research-based programs cover topics including parenting, character education, and school success. Please call 800-825-0060 for more information, or visit our website at www.ActiveParenting.com.

Alabama Cooperative Extension

System ★

BOOTH #: 24

109 Duncan Hall

Auburn University, Alabama 36849

Phone: (334) 844-4444

Email: KLK0031@aces.edu

Website: www.aces.edu

Contact Name: Emery Tschetter, *Director of Communications and Marketing*

Product/Service Description:

Extension to Families, with the Alabama Cooperative Extension System (ACES), provides evidence- and research-based education and resources to help families make decisions that improve and transform their lives. We are about empowering individuals and families across the life span to reach their full potential. You can count on our faculty to provide reliable information to encourage and inspire people to adopt new behaviors to strengthen their families and relationships, live more balanced and healthier lifestyles, spend wisely, and work well. We live, work, and play in communities across Alabama and are part of Auburn University and the College of Human Sciences.

This allows us the unique opportunity to connect families to knowledge, research, and unbiased information.

American Association of Family & Consumer Sciences

BOOTH #: 8

400 N. Columbus Street, Suite 202

Alexandria, Virginia 22314

Phone: (703) 706-4600

Email: GMason@aafcs.org

Website: www.aafcs.org

Contact Name: Gwynn Mason, *Director of Communications*

Product/Service Description:

AAFCS is a professional association for family and consumer sciences (FCS) students and professionals from both multiple practice settings and content areas. Members are educators, administrators and managers, human service and business professionals, researchers, community volunteers, and consultants. They provide research-based knowledge about the topics of everyday life, including human development, personal and family finance, housing and interior design, food science, nutrition and wellness, textiles and apparel, and consumer issues.

EXHIBIT HALL

American Cleaning Institute

BOOTH #: 18

1331 L. Street, NW Suite 650
Washington, District of Columbia
20005

Phone: (202) 662-2507

Email: nbock@cleaninginstitute.org

Website: cleaninginstitute.org

Contact Name: Nancy Bock, *Senior Vice President*

Product/Service Description: ACI is celebrating our 90th Anniversary in 2016! For 90 years, we have been helping Extension partners like you help others make informed decisions about their well-being with research based and accurate information. If you are interested in home safety, cleaning matters or sustainable practices, stop by our booth. If you have expertise in child development, we'd like to partner with you on a project to educate parents. Take time to stop by our booth to take a selfie with Nancy Bock, pick up a treat and our latest materials! @CleanInstitute.

American Income Life Special Risk

Division ★

BOOTH #: 16

8604 Allisonville Road
Indianapolis, Indiana 46250

Phone: (800) 849-4820

Email: specialrisk@americanincomelife.com

Website: www.americanincomelife.com

Contact Name: Erin Bain, *4-H*

and Extension Client Relationship Coordinator

Product/Service Description: The Special Risk Division of American Income Life provides blanket group accident insurance for Extension sponsored groups and programs.

CATCH

BOOTH #: 6

601 Flaghouse Drive
Hasbrouk Heights, New Jersey 07604

Phone: (800) 793-7900

Email: info@catchinfo.org

Website: www.catchinfo.org

Contact Name: Brooke Isakoff, *CATCH Program Coordinator & Sales Associate*

Product/Service Description: Aligned with the CDC target behaviors for obesity prevention and control,

CATCH is a proven partner for USDA -- SNAP-Ed focus and priorities. CATCH provides nutrition educators and program managers with knowledge and skills to promote and provide technical assistance to schools where they are working within the SNAP-Ed program for both nutrition education, physical activity, and environmental approaches. CATCH spans preschool to middle school with curricula, tools, training options, evaluation tools and support.

Cream of the West

BOOTH #: 10

408 Wheatland Ave. S,
Harlowton, Montana 59036

Phone: (800) 477-2383

Email: cotw@itstriangle.com

Website: www.creamofthewest.com

Contact Name: Alicia Moe

Product/Service Description: Cream of the West has been manufacturing products from Montana grains since 1914. The 4 hot cereals, healthy snack mix and 7-Grain buttermilk pancake mix are made from non-GMO-Project verified grains. The 100-year-old recipe is simple: Start with nutrition-packed whole grains grown on the high plains of Montana. Add nothing! Lightly toast and tumble them to bring out their rich, nutty flavor. You can Taste the Difference!

eXtension Healthy Food Choices in Schools, Cornell University

BOOTH #: 19

475 Warren Hall
Ithaca, New York 14853

Phone: (607) 255-6090

Email: extension.org/healthy-food-choices-in-schools@cornell.edu

Website: extension.org/healthy-food-choices-in-schools

Contact Name: Katie Baidon, *Communications Specialist*

Product/Service Description: Healthy Food Choices in Schools is a free online resource area on eXtension.org with a mission to provide educational/informational tools and resources that empower school food service directors and staff, school administrators, teachers, health professionals, and

wellness committees to make changes that encourage children to make healthier food selections in school food environments, without undermining revenue. Given the role parents and the children themselves have in the food choices they make, the resource area also provides tools that they can use to improve nutrition at school and at home.

Federal Trade Commission

BOOTH #: 13

600 Pennsylvania Ave. NW
Washington DC 20580

Phone: (877) 382-4357

Website: ftc.gov

Contact Name: Dawn Holz, *Consumer Education Specialist*

Product/Service Description: Get free materials from the Federal Trade Commission (FTC) to help people manage their finances while spotting and avoiding scams and frauds. The FTC has simple and direct printed and online resources, in English and Spanish, on topics that range from managing a budget and opening a bank account to using prepaid debit cards; from building and improving credit to dealing with debt; and from spotting job scams to avoiding identity theft. Whether you work in with high school-aged students or older adults, there's something here for you.

Jarden Home Brands ★

BOOTH #: 20

9999 East 121st Street
Fishers, Indiana 46037

Phone: (317) 219-9183

Email: sarahpage@jardenhomebrands.com

Website: freshpreserving.com

Contact Name: Sarah Page, *Culinary Marketing Manager*

Product/Service Description: Ball Fresh Preserving canning products and references.

EXHIBIT HALL

Joint Council of Extension Professionals

BOOTH #: 27

Product/Service Description: The mission of JCEP is to elevate the awareness of Extension's national reputation as an organization of excellence, synergistically leverage the efforts of the member associations, foster leadership and collaboration, provide professional development and scholarship opportunities, and advocate for the Extension profession.

Kent Precision Foods Group

BOOTH #: 3

11457 Olde Cabin Road
St. Louis, Missouri 63141

Phone: (800) 442-5242

Email: joe.obrien@kentww.com

Website: precisionfoods.com

Contact Name: Joseph O'Brien,
Assistant Product Manager

Product/Service Description: Mrs. Wages provides a wide assortment of seasonings and mixes to be used in the process of canning/food preservation.

Learning ZoneXpress

BOOTH #: 15

667 E. Vine Street
Owatonna, Minnesota 55060

Phone: (888) 455-7003

Email: marybeth@learningzonexpress.com

Website: www.learningzonexpress.com

Contact Name: Mary Beth Anderson,
Director, Educational Resources

Product/Service Description: Learning ZoneXpress is your solution for fresh, fun, educational resources designed to promote healthy nutrition, obesity prevention, and physical activity. Our engaging posters, pamphlets, banners, bulletin board kits, and DVDs help limited-resource clients increase knowledge and skills to make positive, health-related behavioral changes. Stop by our booth to see why Extension, SNAP-Ed, and EFNEP customers turn to Learning ZoneXpress and to pick up free samples of what works. For more information, visit www.learningzonexpress.com.

LifeWise Strategies

BOOTH #: 14

421 W Blackbeard Rd.
Wilmington, North Carolina 28409

Phone: (910) 399-2200

Email: info@lifewise.us

Contact Name: Syble Solomon,
President

Product/Service Description:

Three hands-on financial education products used in community college and universities in peer mentoring, counseling, classroom and community settings. (1) Money Habitudes (cards) and (2) Money Habitudes Online start conversations and provide easy insights into WHY we save, spend, give, go into debt and invest the way we do. Used as a stand-alone activity or with a comprehensive financial education program. (3) The Good Credit Game includes six activities. Covers why good credit and credit scores are important and the myths and facts related to getting and retaining good credit.

Montana Bison Association

BOOTH #: 25

5N Virginia Street
Conrad, Montana 59425

Phone: (406) 627-2436

Email: info@montanabison.org

Website: www.montanabison.org

Contact Name: Aaron Paulson,
President

Product/Service Description: The goal of the Montana Bison Association is to educate the public and members as a great North American native animal and to study, sponsor research, collect and disseminate pertinent information pertaining to Buffalo.

Nasco

BOOTH #: 5

P O Box 101
Salida, California 95368

Phone: (800) 558-9595

Email: modestosales@enasco.com

Website: www.enasco.com

Contact Name: Bob Elliott, *Regional Sales Manager*

Product/Service Description:

The Nasco Family and Consumer Sciences catalog offers a complete line of hands-on educational materials,

including Ready-Or-Not-Tot and Love To Care parenting simulators, (Teenage Pregnancy Prevention) and curriculum; nutrition education materials featuring the Life/form food & fat replicas as well as the only MyPlate with Dairy attached; Family & Consumer Sciences games, books, software, and videos; classroom equipment and furniture; housewares and improved Culinary equipment line of equipment, sewing machines and sewing kits. Like us on Facebook at Nasco FCS for special offers.

National Consumers League

BOOTH #: 9

1701 K Street, NW, Suite 1200
Washington, District of Columbia 20006

Phone: (651) 699-3650

Email: LifeSmarts@nclnet.org

Website: LifeSmarts.org

Contact Name: Lisa Hertzberg,
Program Director

Product/Service Description:

LifeSmarts is a free consumer literacy competition for teenagers. Players compete online at their own pace to qualify for tournament and prizes, and adult coaches gain full access to free educational resources. LifeSmarts educates teens about personal finance, consumer rights and responsibilities, health and safety, technology, and the environment. For more information, visit LifeSmarts.org.

National Endowment for Financial Education

BOOTH #: 12

1331 - 17 ST STE 1200
Denver, Colorado 80202

Phone: (303) 224-3516

Email: ssharkey@nefe.org

Website: www.hsfpp.org

Contact Name: Susan Sharkey

Product/Service Description: The National Endowment for Financial Education (NEFE) offers a suite of non-commercial personal finance resources at no cost: turnkey curriculum to teach teens, new financial workshop kits to facilitate adult workshops, and new online consumer course content for personal use or to share with your clients.

EXHIBIT HALL

National Presto Industries

BOOTH #: 17

3925 N. Hasting Way

Eau Claire, Wisconsin 54703

Phone: (715) 839-2030

Email: nbecker@GoPresto.com

Website: www.GoPresto.com

Contact Name: Nancy Becker,
Corporate Home Economist

Product/Service Description:

National Presto Industries dates back to 1905 when the company began manufacturing industrial size pressure canners known as "canner retorts." Today, Presto remains a recognized brand for pressure vessels and is a leader in the electric housewares industry. Stop by our booth to view appliances, receive educational materials, and enter drawings for a pressure canner and Presto Test Unit.

NEAFCS Awards & Recognition

BOOTH #: 22

Email: dlgerston@ag.tamu.edu

Contact Name: Dianne Gertson, *Vice President for Awards & Recognition*

Product/Service Description: Visit our booth to see award-winning applications and samples.

NEAFCS Candidate Booth

BOOTH #: 23

Product/Service Description: Stop by this booth to find out about the candidates who are running for national board positions.

NEAFCS Marketing & Endowment

BOOTH #: 21

Email: Glenda.Hyde@oregonstate.edu

Website: www.neafcs.org

Contact Name: Glenda Hyde, *Vice President for Public Affairs*

Product/Service Description: Stop by and stock up on some marketing merchandise that shows your NEAFCS colors! Add to your own collection of NEAFCS items or pick up some thank you or appreciation gifts for colleagues, guest speakers, key committee chairs, and state affiliate members. The booth also will host someone from the Endowment Committee to collect donations to the NEAFCS Endowment Fund.

NEAFCS Member Resources:

Encouraging Student Membership in NEAFCS

BOOTH #: 11

Email: mcdonald@email.arizona.edu and brittany.coop@ag.tamu.edu

Website: www.neafcs.org

Contact Name: Dan McDonald, *MLMLM Subcommittee Chair and Brittany Coop, MLMLM Subcommittee Apprentice*

Product/Service Description: This booth will highlight the benefits of student membership in NEAFCS and provide tips on how to encourage students to join state affiliates. Printed material will be available for state affiliates to take and distribute to local graduate and undergraduate students interested in joining NEAFCS. In addition, input will be solicited on successful recruitment strategies.

Virginia Polytechnic Institute & State University through its Virginia Cooperative Extension

BOOTH #: 26

113 Hutcheson Hall VT 0908

Blacksburg, Virginia 24061

Phone: (540) 231-7142

Email: baughman@vt.edu

Website: extension.org/militaryfamilies

Contact Name: Sarah Baughman, *Res. Associate Professor*

Product/Service Description: The Military Families Learning Network is part of the DOD/USDA Partnership for Military Families. We provide professional development for CES and military service providers.

Western Dairy Association ★

BOOTH #: 1

12000 Washington Street, Suite 175

Thornton, Colorado 80241

Phone: (303) 451-7711

Email: jalkhatib@westerndairyassociation.org

Website: www.westerndairyassociation.org

Contact Name: Jaclyn Alkhatib, *Director, Nutrition Marketing & Affairs*

Product/Service Description: The Western Dairy Association's purpose is to help dairy farm families tell their stories so consumers see dairy as trustworthy and essential to their lives.

STATE SALES TABLES

Montana - Table #1

Texas - Table #2

Nebraska - Table #3

Oklahoma - Table #4

EXHIBITOR FORUMS

Room: Lone Peak Cafe

Wednesday, September 14

1:45 PM - 2:15 PM

Learning ZoneXpress

Sugar Shockers: Shifting to Healthier Food and Beverage Choices

This session provides updated information, activities, and educational resources on the 2015-2020 Dietary Guidelines, strategies to limit foods and beverages with added sugars, and how to read the updated nutrition facts label.

2:30 PM - 3:00 PM

National Consumers League- LifeSmarts

LifeSmarts: Learn it, Live it

LifeSmarts is a consumer literacy competition. Test your skills against other agents in real-world categories. Find out how you can bring this exciting program back to your agency when you "Learn it. Live it." with LifeSmarts!

3:15 PM - 3:45 PM

LifeWise Strategies Money Habitudes

The cards (or online version) start great conversations, provide insights into

WHY people spend and save the way they do and lead to effective strategies for behavior change. Quick, easy, and fun!

4:00 PM - 4:30 PM

Federal Trade Commission Tools to Educate and Engage Consumers: Free Materials from the FTC

By using the FTC's free tools you can help your community spot and avoid scams, protect identities, and save and manage money.

Thursday, September 15

8:00 AM - 8:30 AM

Jarden Home Brands Canning Basics and Recipe Validation

Jessica Piper, Home Canning Expert, will speak to the basics of the home canning process, and frequently asked consumer questions. Matt Cheever, Quality Engineer, will speak in detail about the scientific validation work that goes behind every single Ball canning recipe to ensure the safety of every one, including the recipes featured in the *The All New Book of Canning and Preserving*.

8:45 AM - 9:15 AM

LifeWise Strategies The Good Credit Game

Six hands-on activities make credit classes engaging, easy to teach and fun to learn for teens to adults. Demystifies credit, dispels myths, and provides facts to build and retain good credit.

9:30 AM - 10:00 AM

National Endowment for Financial Education




IN-DEPTH SESSIONS • TUESDAY, SEPT 13

SESSION	TRACK	LOAD	RETURN	DINNER
OFF-SITE TRANSPORTATION PROVIDED				
Home and Work on the Range	Human Development / Community Development / Financial Management	12:30 PM	6:00 PM	On Own
Discovering Amazing Geologic Wonders	4-H/Youth Development	12:00 PM	8:00 PM	On Own
Quilting in the Country	Textiles	12:30 PM	7:00 PM	Included
Quilts Rule	4-H / Youth Development	12:30 PM	8:30 PM	On Own
Howl and Growl	4-H / Youth Development and Sustainability / Envi- ronment	12:15 PM	7:00 PM	On Own
Homes on the Range	Housing & Environment	12:15 PM	8:00 PM	On Own
The Research is in the Dough	Nutrition/Food Safety	12:45 PM	7:00 PM	On Own
Around the Table with MSU's Executive Chef	Nutrition/Food Safety	12:45 PM	8:00 PM	Included
Discover, Engage, Connect at Montana State University's Museum of the Rockies	4-H/Youth Development	12:30 PM	8:30 PM	On Own
The Science Behind Craft Beers & Spirits	Community Development	12:45 PM	7:00 PM	On Own
ON-SITE AT BIG SKY RESORT				
SESSION	TRACK	ROOM	START TIME	DINNER
Outdoor Cooking Montana Style	Nutrition/Food Safety	Talus	1:00 PM	On Own
Hiking for Wellness in the Big Sky State <i>(This will be a moderate physically challenging hike.)</i>	Health	Dunraven/ Obsidian	1:00 PM	On Own
The Science of Textile Art	4-H/Youth Development and Textiles	Lake/Canyon	1:00 PM	On Own
Helping Children Learn Through Nature	Child Development	Lamar/Gibbon	1:00 PM	On Own
Tech Tackle Box	Technology	Amphitheater	1:00 PM	On Own

WEDNESDAY • SEPTEMBER 14

6:00 AM - 7:00 AM

Wellness Activity: Cardio 

Room: Wellness Studio, Village Center
Burn fat and build muscle with this military-based, equipment-free cardio-and-strength circuit from Jay VanVoast, former Bobcat Track athlete, Marine Corps Reconnaissance Operator and fitness enthusiast. With short but intense cardio intervals, full body strength moves, and an extra dose of ab work.

7:00 AM - 5:00 PM

Registration Opens

8:00 AM - 10:00 AM  

REGIONAL BUSINESS MEETINGS

Plated Breakfast Provided

Attire: Business Casual

Presiding Regional Directors

Becky Travnichek (MO) – Central
Daryl Minch (NJ) – Eastern
Karen Munden (VA) – Southern
Joey Peutz (ID) – Western

Welcome

Debby Mathews, President
Theresa Mayhew, President-Elect

Candidate Speeches/ Regional Director Elections

(Eastern and Western Regions only)

Regional Awards Presentations

Other Regional Business

Endowment Committee Presentation

2017 Annual Session Invitation

Room Locations

Central Region - Jefferson/Madison
Eastern Region - Dunraven/Obsidian
Southern Region - Huntley Dining Room
Western Region - Gallatin

8:00AM-5:00PM

FCS Program Leaders Meeting -

Breakfast  - Talus Room

12:30PM



Past Presidents Luncheon

(invitation only)

10:30 AM - 4:00 PM

**Ribbon Cutting/Exhibit Hall Open/
Silent Auction Open**

12:30 PM - 1:30 PM

Lunch in Exhibit Hall  

12:30 PM - 1:30 PM

**FCS Program Leaders/Board Members
Lunch**  

1:30 PM - 4:00 PM

Exhibit Forums

1:00 PM - 2:30 PM

Dining with Diabetes Meeting

Room: Peaks Restaurant

1:30 PM - 3:30 PM

General Session

Room: Missouri Ballroom

Presiding: *Joey Peutz*
NEAFCS Western Region Director

State of NEAFCS presentation

Debby Mathews
NEAFCS President

Keynote Presentation Take This Job and LOVE It!

Karen McNenny

Presentation of Candidates

Peg Ehlers
Nominating Committee Chairman

Candidate Speeches

Joint Council of Extension Professionals Marketing Team

Diana Rashash, ANREP
Lena Mallory, NAE4-HA

2017 Annual Session Invitation
Jeanette Friesen
NEAFCS Omaha Affiliate Co-liaison

President's Charity

*Boys and Girls Clubs of Southwest
Montana*

Announcements

Patty Merk
*NEAFCS Vice President for
Professional Development*

Keynote Presentation

Take This Job and LOVE It!

Karen McNenny



Deep within us all exists a yearning to be a valued member of a thriving community. We are not meant to work alone, succeed alone or suffer alone. To connect with one another in

meaningful ways is precisely how we improve productivity, engagement and personal fulfillment.

Disengagement and isolation will drain the energy from our personal and professional lives. Karen will introduce the four key pillars of creating a healthy workplace community (Curiosity, Unity, Responsibility, Engagement). These pillars are relevant, as each person contributes to the mission of Family and Consumer Sciences.

The soul of America is sitting in the workplace; it is where we spend most of our waking hours. As we transform our organization into a healthy and unified community, we create a more productive and satisfied workforce. We also transform the world in which we live and learn. Community is the C.U.R.E.

Learning Objectives:

- Develop best practices to unify your workforce.
- Discover what breathes life into you and your workplace.
- Enlist, engage and enroll employees at every level.

Montana native Karen McNenny works throughout the country as a professional speaker, business educator and personal coach. Her areas of expertise include employee engagement, leadership development, and transforming workplace culture.

Before starting her own business she worked as a master trainer & facilitator for the largest healthcare system in the Northwest. Prior to that, she served as the Program Director for Camp Make-A-Dream, where she designed retreats and conferences for youth and adults diagnosed with cancer.

WEDNESDAY • SEPTEMBER 14

SHOWCASE OF EXCELLENCE

(Staffed 1:00 PM - 3:00 PM)

1:00 PM - 5:00 PM

Room: Lone Peak Cafe

Track: Award

1A

Early Childhood Childcare Training

Award: SMART START With Money, Teaching Preschoolers About Money

Presenters: Melinda Hill, Carol Chandler

Smart Start is a curriculum designed for child care providers to introduce the basic concepts of money and to lay a foundation of financial literacy for preschoolers (3-5 yrs old).

Track: Award

1B

Marketing Package Award: Oregon Whole Grain Heroes Video/Marketing Campaign

Presenters: Cheryl Kirk, Jenny Rudolph, Mandy Hatfield, Sally Bowman, Renee Carr, Nancy Kershaw, Sandra Carlson, Rose Jepson-Sullivan, Lauren Tobey, Elaine Schrupf, Jan Ostby, Lisa Canady

Videos were created to empower low-income families to prepare healthy meals together. Placement in movie theaters and in online pre-roll video resulted in more than one million total media impressions.

Track: Award

2A

Extension Housing Outreach Award: Home Buyer Workshop Makes Cents!

Presenter: Jayne McBurney

Participants gain knowledge and skills in money management determining readiness for home purchase. Strategies for saving and extending income, and realistic expectations of home ownership are discussed.

Track: Award

2B

Family Health & Wellness Award: Abram-Jarvie-Seasons of the UP

Presenters: Michelle Jarvie, Tracie Abram

Seasons of the U.P. is a nature-based nutrition and physical activity series for families, created by Tracie Abram and Michelle Jarvie.

Track: Award

3A

Environmental Education Award: Growing Up WILD: Reaching Out to Child Care Professionals and Families

Presenters: Cynthia Thompson, Kim Brantner, Joy Rouse, Sandra McKinnon, Malisa Rader, Lesia Oesterreich

ISU Extension and Outreach and Iowa DNR collaborate to provide activity-focused training that helps child care professionals engage children and families in nature and conservation experiences.

Track: Nutrition

3B

Adherence to Healthy Eating

Guidelines at Extension Events:

Assessing and Promoting Nutrition at the Organization Level

Presenters: Carol Smathers, Jennifer Lobb

Does Extension practice what we preach when serving food at meetings and events? Results from an assessment of adherence to research-based healthy eating guidelines will be shared along with recommendations.

Track: Life Span

4A

Mental Health First Aid Training Challenges Extension Personnel to Facilitate and Market a Sensitive Topic

Presenters: Mary Gosche, Sarah Traub, Phyllis Flanigan, Rebecca Travnichek, Kathy Dothage

Mental Health First Aid, an 8 hour evidence-based educational program, introduces participants to warning signs of mental health problems and teaches the layperson how to respond to an anxiety attack.

Track: Nutrition

4B

Rethink Your Drink: Promoting Water and Reducing Sugar-Sweetened Beverage Consumption

Presenters: Elaine Bowen, Kristin McCartney, Emily Murphy, Elizabeth Metheny, Brenda Porter, Lauren Weatherford, Lauren Prinzo, Kerri Wade, Dana Wright

The Rethink Your Drink campaign promotes water and healthy beverage

choices through social media and direct education. This successful model is an evidence-based, replicable strategy for local and state Extension.

Track: Health

5A

Operation Concession Intervention

Presenters: Jane Wolery, Roubie Younkin

FCS educators can become involved in systemic approaches to improving health and nutrition. Learn how to make small adaptations to concessions/food menus for big results in addressing society's health issues.

Track: Life Span

5B

Relationship Education: What Emerging Adults Want to Learn and Think It Can do

Presenters: Shannon Cromwell, Jonathon Beckmeyer

Relationship education serves as a tool in assisting emerging adults in developing/maintaining healthy relationships. Exploratory, mixed-method survey results indicated that emerging adults believe relationship education programs benefit current/future romantic experiences.

Track: Administration/Leadership/Community Development

6A

Preparing Extension Educators for Research

Presenters: Cathy Newkirk, Holly Tiret, Erin Carter

This session provides an overview of the "Are You Research Ready?" training delivered to Extension professionals. We will share how the training program was developed, marketed, presented and evaluated.

WEDNESDAY • SEPTEMBER 14

Track: Administration/Leadership/ Community Development

6B

Build Positive, More Productive Team

Presenters: Shannon Carter, Lisa Barlage

Positive teams are productive teams. Positivity stimulates the part of the brain responsible for good decision making and processing information. Learn ideas to improve the positivity and productivity around you.

Track: Technology and Social Media

7A

A Website Is Not a 'Field of Dreams':

How to Build it so They Will Come!

Presenters: Alice Henneman, Kayla Colgrove, Lisa Franzen-Castle, Cami Wells, Amy Peterson

Increase the number of visitors to an Extension website by optimizing how content is structured, worded and posted with these proven strategies.

Track: Administration/Leadership/ Community Development

7B

The Pursuit of Nutrition Educator Happiness on the Job; It's Not About Money

Presenter: Johanna Hahn

Well managed staff are the cornerstone of a quality Family Nutrition Program. Session includes methods to engage, motivate and retain quality staff, with proven techniques to ensure happy, successful educators.

Track: 4-H Youth Development

8A

Development & Dissemination of the 4-H Yoga for Kids Program

Presenters: Lisa Washburn, Lauren Copeland, Jessica Vincent

This session will describe the research base supporting the 4-H Yoga for Kids program, dissemination experiences, training requirements and outcomes, and steps for bringing the program to your state.

Track: Nutrition

8B

The Greenwood Avenue Farmers Market: Community Partnership Yields Year One Successes

Presenter: Michelle Brill

A new Farmers Market in an urban food desert turned a vacant lot into a safe weekly gathering place with healthy, affordable local foods, cooking demonstrations, health screenings and entertainment.

Track: Life Span

9A

Look Who's Hatching - Preschool Oviparous Animals Curriculum

Presenters: Katie Krause, Jaci Foged

Curriculum utilizes an emergent approach to support children's learning and exploration of animal-laying (oviparous) animals while incubating eggs in their program (don't tell them they are chickens!).

Track: Technology and Social Media

9B

Reaching Busy Parents of Young Children with Nutrition and Food Behavior Tips via an Email Newsletter

Presenters: Cami Wells, Lisa Franzen-Castle, Alice Henneman, Kayla Congrove, Ann Fenton, Nancy Frecks, Jessye Goetz, Jaime Goffena, Patricia Jones, Carol Schwarz

Face-to-face programming is limited with parents of young children; however, an email newsletter can reach unlimited numbers with nutrition/food behavior tips. Approximately 80% reported newsletters were helpful to extremely helpful.

Track: Health

10A

Take a Bite Out of Hunger with the Peanut Butter Challenge

Presenter: Andrea Hinkle

It's nutritious, local, tasty, economical, and helps families in need. The Peanut Butter Challenge helps take a bite out of hunger.

Track: Health

10B

Screening Preschoolers for Vision Problems Through Certified Teens

Presenter: Nancy Stehulak

Certified high school youth screen preschoolers for the most common preschool vision problems, strabismus, amblyopia and significant refractive error with referral rates that are comparable to trained health care workers.

Track: Nutrition

11A

Shopping With Strategies for Families

Presenters: Dorothy Lee, James Bates

The locally implemented Share Our Strength Cooking Matters at the Store (CMAS) program empowers low-income families with the skills to stretch their food budgets so they can make healthy choices.

Track: Nutrition

11B

Successful County Collaborations Support a healthy Menu Options Program

Presenter: Sherri Cirignano

A state-funded Healthy Menu Options Program, implemented through effective agency and university collaborations, successfully enlisted several small town restaurants to meet rigorous nutrition criteria for approval of healthy menu choices.

Track: Health

12A

It's Beyond Us! Improving Health in Our Communities

Presenter: Jane Schaaf

Learn how one county moved from working with individual grants to developing a coalition to putting it all together for collective impact to make a difference at the community level.

WEDNESDAY • SEPTEMBER 14

Track: Financial Management 12B

Your Farm, Your Legacy - Estate Planning

Presenter: *Jean Ince*

Workshop to help farm families pass to heirs the family farm by planning ahead. Topics – Wills, Trusts, Probate, Farm Transfer, Avoiding Estate Taxes, Living Wills, Transfer of Non-Titled Property.

Track: Life Span 13A

Examining Associations Between Early Language and Literacy Development and Home Literacy Environment

Presenter: *David Roberts*

Utilizing research to increase the Literacy Skills of children in rural Appalachian counties. Poster will share received data and highlight future interventions and community outreach initiatives.

Track: Administration/Leadership/Community Development 13B

Mapping Listening Session Responses from Low-Income Consumers

Presenters: *Diane Smith, Erica Lamson, Rita Ordonez*

A mind map was created to illustrate strategies for improved food access identified during listening sessions with low-income consumers. This tool was effective in community development and strategic planning.

Track: Nutrition 14A

SNAP-ED, EFNEP and CDC:

Acommunity Partnership in Alabama to Prevent Obesity Through Policy, Systems and Environmental Changes

Presenters: *Barb Struempler, Sondra Parmer, Katie Funderburk, Jovita Lewis, Stephanie Helms, Ruth Brock, Mitch Carter, Onikia Brown, Wayde Morse, Jennifer Wells-Marshall*

A novel Extension SNAP-Ed and EFNEP partnership with the Centers for Disease Control and Prevention promotes environmental changes that increase healthy food access and physical activity.

Track: Parenting 14B

Educaci ´ on: Nuestra Mejor Herencia: A Curriculum for Latino Parents on School Success

Presenters: *Kathleen Olson, Silvia Alvarez de Davila, Patricia Olson*

This session will describe the design, implementation and evaluation of a curriculum to help Latino parents strengthen relationships with school staff and build skills in navigating the U.S. school system.

Track: Food Safety 15A

The Food Waste Cycle: Finding Opportunities for Education

Presenter: *Sara Elnakib*

The aim of this session is to start a conversation about food waste among the attendees and find new opportunities to address this issue through consumer education.

Track: Health 15B

Effectiveness of Advanced Stay Strong, Stay Healthy in Community Settings

Presenters: *Emily Crowe, Steve Ball*

The Advanced Stay Strong, Stay Healthy program is a safe, structured strength training program aimed to increase muscular strength and reduce fall risk in aging adults.

3:30 PM - 5:00 PM

Affiliate President Meeting

Room: Dunraven/Obsidian

Affiliate Treasurer Meeting

Room: Amphitheater

Affiliate Awards VP Meeting

Room: Lamar/Gibbon

Affiliate Member Resources VP

Room: Cheyenne

Affiliate Professional Development VP Meeting

Room: Lake/Canyon

Affiliate Public Affairs VP Meeting

Room: North Huntley

3:00 PM - 6:00 PM

Photographer Open Time, Regional Award Recipients, State Photos, etc.

5:00PM

Silent Auction Closes/Final Bids Due

5:30PM

States' Night Out

8:30 PM - 9:30 PM

FCS Program Leaders Reception (by invitation, only)

Room: President's Suite



THURSDAY • SEPTEMBER 15

6:00AM - 7:00 AM

Wellness Activity: Yoga 

Room: Wellness Studio, Village Center
Discover the benefits of yoga at a beginner class. This yoga class is student-focused. All levels are welcome. Start your day by connecting and engaging your body, breath, and mind in Big Sky Country.

8:00 AM - 12:00 PM

Registration Opens

8:00 AM - 5:00 PM

FCS Program Leaders Meeting  


Room: Huntley Dining Room

8:00 AM - 12:00 PM

Exhibit Hall Opens

8:00 AM - 9:00 AM

Continental Breakfast

Room: Exhibit Hall  

8:00 AM - 11:00 AM

Exhibit Forums

9:00 AM - 11:00 AM

Annual Business Meetings

Education Awards Fund

Room: Missouri Ballroom

9:00 AM - 11:00 AM Annual Business Meetings

Education Awards Fund

Call to Order	Debby Mathews
Parliamentary Procedure	Carl Igo
Credentials Report	Joey Peutz
Adoption of Meeting Rules	Julie Cascio
Adoption of Agenda	Julie Cascio
Appointment of Committee to	
Approve Minutes	Debby Mathews
2015 Awards Fund Meeting Minutes	Julie Cascio
Financial & Audit Reports	Nancy Stehulak
Vice President for Awards & Recognition Report	Dianne Gertson
New Business	
2017 Educational Awards Fund Budget	Nancy Stehulak
Announcements	
Adjournment	

Annual Business Meeting

Call to Order	Debby Mathews
Parliamentary Procedure	Carl Igo
Credentials Report	Joey Peutz
Adoption of Meeting Rules	Julie Cascio
Adoption of Agenda	Julie Cascio
Appointment of Committee to Approve Minutes	Debby Mathews
2015 Annual Business Meeting Minutes	Julie Cascio
Financial & Audit Reports	Nancy Stehulak
Reports of Elected Officers		
President	Debby Mathews
President-Elect	Theresa Mayhew
Secretary	Julie Cascio
Treasurer	Nancy Stehulak
Vice President for Member Resources	Margie Memmott
Vice President for Professional Development	Patty Merk
Vice President for Public Affairs	Glenda Hyde
Vice President for Awards & Recognition	Dianne Gertson
Southern Region Director	Karen Munden
Eastern Region Director	Daryl Minch
Western Region Director	Joey Peutz
Central Region Director	Becky Travnichek
Immediate Past-President	Peg Ehlers
Historian Report	Carol Schlitt
Executive Director	Jody Rosen Atkins
Standing Committees		
Reports Bylaws	Julie Cascio
Credentials	Joey Peutz
Finance	Nancy Stehulak
Investments	Nancy Stehulak
Special Committee Reports		
2017-2020 Strategic Plan	Theresa Mayhew
JCEP Leadership Conference	Theresa Mayhew
JCEP PILD Conference Planning	Glenda Hyde
National Office Committee	Margie Memmott
National Nominating	Peg Ehlers
Endowment Committee	Judy Hetterman
Annual Session Site Selection Ad-hoc Committee	Daryl Minch
New Business	
Presentation of Candidates	Peg Ehlers
Election of Officers	Debby Mathews
Adoption of 2017 Operating Budget	Nancy Stehulak
Presentation of 2016-17 Executive Board	Debby Mathews
Announcements	
Adjournment	(23)	



THURSDAY • SEPTEMBER 15

10:00 AM
The Country Store - Upper Atrium

12:30 PM - 3:00 PM
Exhibitor Breakdown/Move Out

11:00 AM - 12:30 PM
Silent Auction Pick-up

SHOWCASE OF EXCELLENCE **(Staffed 8:30 AM - 10:30 AM)**

8:00 AM - 12:00 PM

Room: Lone Peak Cafe

Track: Award

1A

Human Development/Family Relationships Award: The Michigan State University Extension Sustainable Community Project (MSUE SCP)

Presenters: Kendra Moyses, Kylie Rymanowicz, Alan Pilkenton, Carrie Shrier, Dr. Holly Brophy-Herb, Maria Millett

The MSUE SCP is a parent education program for high risk parents and primary caregivers for young children ages 0-3 utilizing traditional face to face education and interactive web technologies.

Track: Award

1B

School Wellness Award: Winning with Healthy Schools and Students in Fannin County, Texas

Presenter: Bethany Arie

Texas A&M AgriLife Extension of Fannin County's partnerships with local school districts to enhance school wellness initiatives through in-school programs, resource and fund development, and summer kids camps is a win for the community!

Track: Financial Management

2A

Estate Planning: Don't Get Buried in the Paperwork

Presenters: Kisha Faulk, Joan Koonce, Andrea Scarrow, Jessica Hill, Susan Howington, Cindee Sweda, Suzanne Williams, Charlotte Meeks

The session will discuss results of a survey to determine estate planning seminar participants' increase in knowledge and their intention to create estate planning documents after attending a seminar.

Track: Technology and Social Media **2B**

Quick Tricks to Transform a PowerPoint from Boring Bullets to Powerful Pictures

Presenters: Alice Henneman, Amy Peterson, Cami Wells, Kayla Colgrove, Lisa Frazen-Castle

Participants will learn to design powerful Powerpoints through creative use of images, e.g. photos; SmartArt; shapes and colorful, easy-to-read charts. Before/after slides illustrate why these methods were effective with clientele.

Track: Nutrition

3A

Social Marketing Meets Extension Outreach and Education: The Food Hero Experience

Presenters: Lauren Kraemer, Lauren Tobey, Katherine Ahern, Sally Bowman, Barbara Brody, Renee Carr, Mandy Hatfield, Tonya Johnson, Cheryl Kirk, Robin Maille, Jenny Rudolph, Janice Smiley, Angela Treadwell, Christine Mouzong, Laura Lamotte, Elaine Schrupf, Brenda Draper, Lisa Canady, Jeff Wilson, Jill Mills, Tina Dodge Vera
Food Hero is a multichannel social marketing campaign and community outreach and education program, designed to increase fruit and vegetable intake. Food Hero reached over 3 million contacts in 2015.

Track: Technology

3B

How an Online Calendar of National Food Days, Weeks and Months can Promote Healthy Eating Behaviors

Presenters: Kayla Colgrove, Alice Henneman, Lisa Franzen-Castle, Cami Wells

An online food-themed calendar provides resources to consumers and multiplier groups for selected national food days, weeks and months. Quantitative and qualitative data indicate it helps reinforce healthy behaviors.

Track: Nutrition

4A

Feeding Without the Fuss - A Child Provider Training for Fit and Healthy Kids

Presenters: Amy Peterson, Cami Wells, Alice Henneman, Lisa Frazen-Castle, Carol Schwarz, Cheryl Tickner

This showcase highlights mealtime behavior issues for child care providers, focusing on mealtime expectations, picky eaters, talking points with children and creating a pleasant mealtime environment.

Track: Food Safety

4B

Master Food Preservers Celebrate 35 Years and Going Strong

Presenters: Nancy Kershaw, Jeanne Brandt, Glenda Hyde, Tonya Johnson, Jenny Rudolph, Lauren Kraemer, Cheryl Kirk, Patty Case, Sara Runkel, Marc Braverman, Nellie Oehler, Kelly Streit, Teresa Crowley, Leonor Chavez

The OSU Master Food Preserver program celebrates 35 years. Efforts to evaluate the MFP program and resulting community education efforts show positive impact/effectiveness. Reach is increasing and lives are being saved!

Track: Nutrition

5A

Using Journals to Assess Behavioral Change with 5th Grade Students in SNAP-ED

Presenters: Susie Craig, Rebecca Sero, Acacia Larson, Kaitlin O'Brien

Project investigates use of guided journaling as a tool for evaluating behavioral nutrition, health, and physical activity changes in 700 5th grade students, demonstrating impact and outcomes of SNAP-Ed program.

THURSDAY • SEPTEMBER 15

Track: Health

5B

Levels of Community Change: A Game to Teach about the Social Ecological Model

Presenters: Carol Smathers, Theresa Ferrari

The "Levels of Community Change" game effectively encourages adult and youth participants to identify how behaviors are influenced across levels and explore dynamics of promoting policy, system, and environment changes.

Track: Food Safety

6A

Self-Efficacy Regarding Home Food Preservation Experience Comparing Extension and Online Course

Presenters: Julie Buck, Laura Sant, Lori Dye, Katie Hoffman, Marnie Spencer

Comparison of self-efficacy in home food preservation experiences among students in a classroom compared with an online course revealed similar levels of self-efficacy.

Track: Health

Strong Hearts Healthy Communities

6B

Presenters: Lisa Terry, Dr. Lynn Paul, Jennifer Anderson, Alice Burchak, Anna Diffenderfer, Sheila Friedrich, Meredith Graham, Dr. Miriam Nelson, Ardis Oelkers, Meghan Phillippi, Mandie Reed, Julie Riley, Rebecca Seguin, Denise Seilstad, Kendra Seilstad, Wendy Wedum, Jane Wolery, Roubie Younkin
Strong Hearts Healthy Communities is a research-based program that includes progressive strength training and aerobic exercise for midlife and older women's health — specifically muscular strength, bone health, and cardiovascular disease prevention.

Track: Health

7A

Linking Policy, Systems and Environmental Changes with Extension Programs to Foster Healthier Communities

Presenters: Jennifer Conner, Debra DeRossitte, Mary Ann Kiser, Lauren Morris, Valerie Turner, Lisa Washburn
Arkansas Healthy LIFE initiative includes program, policy, systems,

and environmental efforts to foster sustainable changes across communities. Strategies and project outcomes to improve physical activity and nutrition will be shared.

Track: Health

7B

Small Steps to Health and Wealth is Making a Big Difference in Osceola County

Presenter: Gabriela Murza

Small Steps to Health and Wealth combines the efforts of multiple organizations to provide Osceola County residents the resources they need to implement and sustain financial and personal well-being.

Track: Nutrition

8A

PSE at Work in Minnesota

Presenters: Mary Caskey, Sara Van Offelen, Laura Bohlen, Mary Krentz, Carmen Backowski, Stephanie Hakes, Amy Baack
The Supplemental Nutrition Assistance Program Education (SNAP-Ed) combines direct nutrition education with helping communities create and sustain environments that support people to eat healthier foods and become more physically active.

Track: Administration/Leadership/Community Development

8B

A New Approach - Stone Soup Job Skills Training Program

Presenters: Clare Lillard, Rebecca Sheffield

Steps to implement the Stone Soup Job Skills Training, which assists low income individuals, obtain food safety, preparation, and customer service skills needed for employment in the food service industry.

Track: Nutrition

9A

Pulse on Garden Curriculum: Exploring Pulses Through Math, Science and Nutrition Activities

Presenter: Diane Smith

This STEM-focused garden curriculum highlights Pulses in science and nutrition activities resulting in students'

positive change in attitude towards and consumption of dry beans served in cafeterias following the education.

Track: Health

9B

Year 2 Results of an Extension On-line Diabetes Education Class

Presenters: Daniel Remley, Susan Zies, Barb Hennard, Cheryl Spires

After two years, "Dining with Diabetes: Beyond the Kitchen" On-line class has been an effective tool for helping people with diabetes, yet modifications are needed to broaden its reach.

Track: Nutrition

10A

Creating Successful Outcomes Via Regional Farm-to-School Workshops

Presenters: Donna Krug, Ginny Barnard

Four regional "Farm-to-School" workshops in our state increased the collaboration between farmers, schools, community partners, and Extension. This session provides a template that can help you develop a successful program.

Track: 4-H Youth Development

10B

Right Partner, Right Place, Right Time: Exploring New Avenues to Create Partnerships

Presenters: Elizabeth Shephard, Vanessa Spero-Swingle, Todd Forshino

Identifying potential partners, finding ways to work with them that may be non-traditional, and seeking funding to support programming can be intimidating and difficult when working with diverse audiences.

Track: Parenting

11A

Partnering for School Success: A Multi-tiered Approach for Latino Families

Presenters: Kathleen Olson, Silvia Alvarez de Davila, Patricia Olson

Partnering for School Success is based on three inter-related components three that recognizes that Latino student success in school is impacted by multiple factors in the family and community.

THURSDAY • SEPTEMBER 15

Track: 4-H Youth Development **11B**

4-H Candy Company - A Youth Entrepreneurship Program

Presenters: *Darlene Christensen*

The 4-H Candy Company is an eight week program that teaches youth not only how to make candy, but basic business concepts to sell it. Program manual will be shared.

Track: Life Span

12A

Early Childhood Obesity Prevention in Multiple Spheres of the Socio-Ecological Model

Presenters: *Mary Blackburn, Tuline Baykal, MaryAnn Lagura, Nicole Price*

Childhood obesity is at crisis levels in some communities. Extension and County Public Health conducted teacher trainings, policy development, parent, gardening, and senior education reaching 4,000 children and 500 seniors.

Track: Nutrition

12B

WeCook After School Program: Engaging Youth in Fun Food and Fitness Lessons to Improve Knowledge

Presenters: *Lisa Franzen-Castle, Michelle Krehbiel, Tara Dunker, Georgia Jones*

WeCook aims to improve cooking skills and food preparation knowledge of 4th and 5th graders through a twelve-week program while also engaging families in a comprehensive, multifaceted approach.

Track: Financial Management

13A

Promoting University Extension Education to Community Organizations as a Model Towards Community Financial Prosperity

Presenters: *Michael Elonge*

Positioning University Extension as a community education partner to community organizations is essential towards community financial prosperity. This program use professional development seminars to promote financial skills in community organizations.

Track: Nutrition

13B

Create Your Plate - A Successful Approach for Diabetic Education

Presenter: *Carolyn Washburn*

Successful diabetic education involves motivation, support, ideas, and hands on learning experiences. The "Create Your Plate" program provides education, excellent recipes, and encouragement to diabetics.

Track: Nutrition

14A

Smarter Lunchroom Interventions

Presenter: *Marie Economos*

Promote healthy eating behaviors with simple changes to the lunchroom environment with the Smarter Lunchrooms researched Best Practices for Behavioral Economics to help students make healthier food choices at school.

12:00 PM - 1:00 PM

Lunch on Your Own

1:00 PM - 2:00 PM

Life Member Meeting

Room: Cheyenne

1:00 PM - 2:00 PM

Committee Meetings, Plans of Work

Arrangements - Dunraven/Obsidian

Member Resources - Lamar/Gibbon

Public Affairs - Lake/Canyon

Awards - Talus

Professional Development - Programs/

Webinars - Gallatin

Finance, Investment, Endowment -

Amphitheater

CONCURRENT SESSIONS

2:00 PM - 2:45 PM

Track: Technology

Text Messaging Technology as a Mode of Delivery for Nutrition Interventions

Room: Amphitheater

Presenters: *Sondra Parmer, Katie*

Funderburk, Barb Struempler

This session will describe the program design, logistics, implementation and evaluation for a text message-based obesity prevention intervention

intended for low-income parents of elementary school students.

Track: Life Span

Aging in Place with Assistive Devices

Room: Dunraven/Obsidian

Presenters: *Jane Wolery, Sandra Bailey*

Extension can be integral in educating people on assistive devices that allow them to remain independently functioning in their homes. With minimal effort, you can replicate this valuable program.

Track: 4-H Youth Development

Active Healthy Living: Incorporate It Into Your 4-H Programs

Room: Lake/Canyon

Presenters: *Suzanne Prevedel, Shannon Cromwell, Cindy Nelson, Stacey MacArthur*

Active Healthy Living programs increase physical, social, and emotional well-being. Healthy living activities can be incorporated into numerous 4-H settings, including after-school, teen council, ambassador, and family night programs.

Track: Award

Program Excellence Through

Research Award - Focus Groups

Guide Development of UGA SNAP-Ed Programs

Room: Lamar/Gibbs

Presenters: *Judy Hibbs, Rhea Bentley,*

Terri Black, Christa Campbell, Austin

Childers, Sylvia Davis, Rachel Hagues,

Katie Hiers, Shawanda Johnson, Lisa

Jordan, Jung Sun Lee, Dana Lynch,

Susan Moore, Roxie Price, Caroline

Richardson, Laura Smith, Sarah Stotz,

Alice White

Focus groups, organized throughout Georgia, informed development of UGA SNAP-Ed Social Marketing and eLearning programs. Findings indicate online learning is a promising method for providing nutrition education to SNAP-Ed audiences.

THURSDAY • SEPTEMBER 15

Track: Award

Social Networking Award - Combining Twitter Chats and Google Hangouts for Financial Education Outreach

Room: Cheyenne

Presenters: *Barbara O'Neill, Elizabeth Kiss, Erica Tobe, Erik Anderson, Ricki McWilliams, Andrew Zumwalt, Bob Bertsch*

Leaders and partners of the eXtension Financial Security for All Community of Practice planned, marketed, delivered, evaluated, and archived three coordinated Twitter chat/Google Hangout personal finance programs in 2015.

Track: Award

Clean and Healthy Families and Communities Award - Home Safety: When You Come First, You Last

Room: Talus

Presenters: *Rachel Hubbard, Sylvia Davis, Mitzi Parker, Suzanne Williams, Roxie Price, Kayla Craft, Andrea Scarrow*
Home Safety is an educational curriculum developed to educate audiences about potential dangers in the home by identifying five danger spots in the home and teaching prevention methods.

Track: Health

Healthy Habits, A Way of Life

Room: Jefferson

Presenter: *Cindy Nelson*

A research based program, Healthy Habits, encourages participants to engage in daily healthy behaviors throughout three-six week challenges. Healthy Habits incorporates education, social support and competition to increase participant wellness.

Track: Financial Management

Improving Financial Capability: Teachers, High School and Preschool Students

Room: Madison

Presenters: *Patricia Maynard, Mia Russell*

Using a *Reading Makes Cents* train-the-trainer model, high school student teachers increased their personal financial capability and developed skills to expose preschool students

to financial literacy concepts through children's literature.

Track: Food Safety

Certified Food Protection Manager Video Conference Programs

Room: Gallatin

Presenter: *Julie Cascio*

Rural and remote areas have been able to take Certified Food Protection Manager training via videoconference. Establishing proctors via local libraries or rural campus have allowed tests to be taken.

CONCURRENT SESSIONS

3:00 PM - 3:45 PM

Track: Technology

Connecting and Engaging Your Team to Be Successful in Social Media Programming

Room: Amphitheater

Presenters: *Patricia Brinkman, Lisa Barlage, Michelle Treber*

Come discover social media avenues that will work best for your team. Team management tools and efficiently leading your team into enticing and engaging online programming will be shared.

Track: Life Span

Going Digital - A 1980s Program Becomes Virtual

Room: Dunraven/Obsidian

Presenters: *Renee Koenig, Paula Hella, Teri Zuege-Halvorse*

Since the 1980s the Home Alone program has been helping families prepare children for self-care. Learn about how the program has been updated to an online virtual format.

Track: 4-H Youth Development

Happier Me! Youth Stress Reduction Program Using Mindfulness-Based Approach

Room: Lake/Canyon

Presenter: *Dhruti Patel-Davis*

This stress reduction program focuses on empowering teenage participants in addressing their daily stresses such as body image, health, self-criticism, guilt and negative outlook towards "self" using positive mindful techniques.

Track: Parenting

Strategizing the Tug-of-War Between Program Implementation and Evaluation

Room: Lamar/Gibbon

Presenters: *Debbie Curley, Ashley Dixon*

So we secured funding and implemented a program. Now you want us to evaluate it?!? This presentation will examine the collaboration between a multi-county parent education program and campus evaluators.

Track: Life Span

Blending Families

Room: Cheyenne

Presenters: *Darlene Christensen, Carolyn Washburn, Naomi Brower*
Blending families can be a challenge. A fun, hands-on educational program "Blending Families" is taught using a multimedia presentation, handouts, activities and evaluation. Conference participants will receive the complete lesson.

Track: Health

H.I.M. (Health Information for Men)

Room: Talus

Presenters: *Susan Mills-Gray, Tammy Roberts*

H.I.M. is an eight session program focusing on men's health developed by the University of Missouri Extension. H.I.M. can be taught as a worksite wellness program or stand-alone presentation.

Track: Financial Management

Design Your Succession Plan for Farm and Ranch Families

Room: Jefferson

Presenters: *Lori Scharmer, Samantha Roth, Ellen Bjelland, Christina Rittenbach, Vanessa Hoines*

Design Your Succession Plan; FCS and ANR Agents working together to deliver a critical program to farm/ranch families constructing a succession plan with a shared vision for the family business.

THURSDAY • SEPTEMBER 15

Track: Award

Community Partnership Award - The Greenwood Avenue Farmers Market: Community Partnership Yields Year One Successes

Room: Gallatin

Presenter: *Michelle Brill*

A FCHS Extension Agent and a vibrant community partnership turned an vacant urban lot into a new Farmers Market offering healthy, affordable local foods, cooking demonstrations, health screenings and more.

5:30 PM - 6:30 PM

President's Reception

Room: Upper Atrium

6:30 PM

Awards Ceremony

Room: Missouri Ballroom

Awards After Party Dinners 🍴🍴🍴

Room names to be announced during the Awards Ceremony.

FRIDAY, SEPTEMBER 16, 2016

8:00 AM - 5:30 PM

Board Meeting - Lake/Canyon



HONOR
OUR
PRESIDENT

JOIN THE NEAFCS ALABAMA

AFFILIATE AS WE

ROLL OUT THE RED CARPET

TO HONOR

NEAFCS PRESIDENT

DEBBY MATHEWS

•

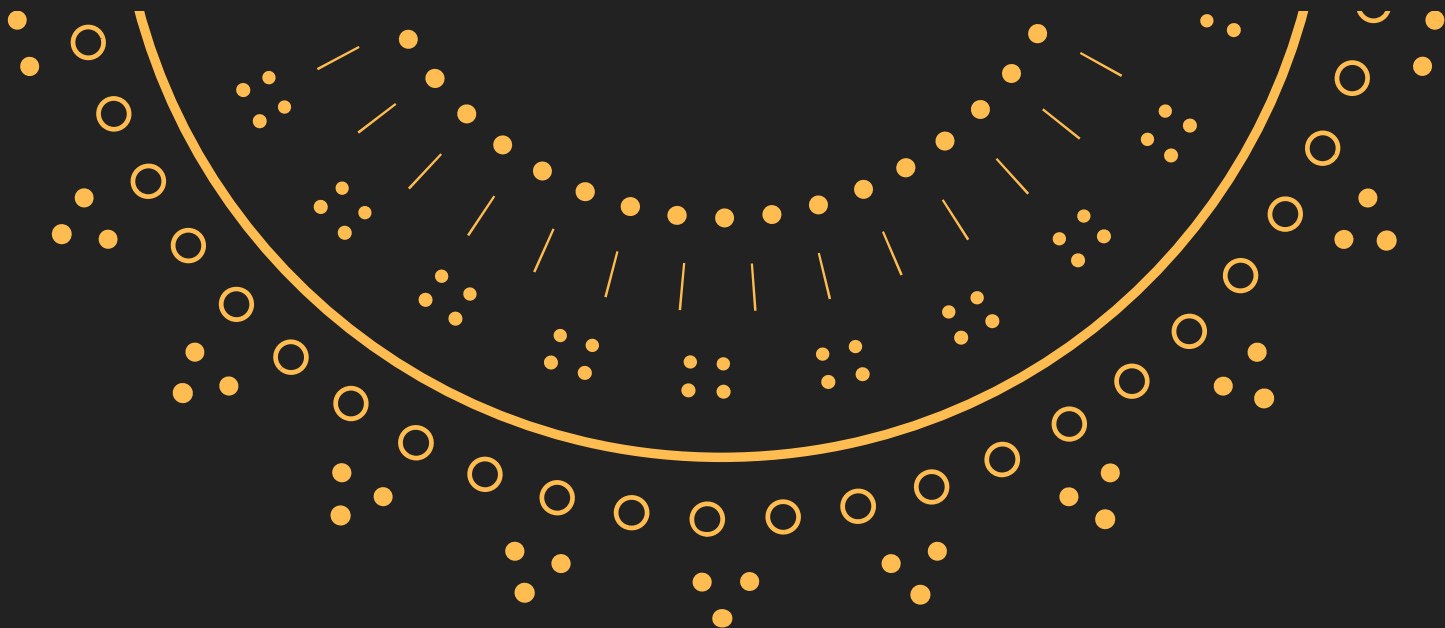
PRESIDENT'S RECEPTION

THURSDAY, SEPTEMBER 15

5:30 PM TO 6:30 PM

UPPER ATRIUM





YOU'RE INVITED TO AN

AWARDS AFTER PARTY DINNER

*Please join us for the Awards Ceremony After Party
Dinner with your NEAFCS region.*



SEPTEMBER 15, 2016

DINNER LOCATIONS WILL BE ANNOUNCED FOLLOWING
THE AWARDS CEREMONY

ENDOWMENT CONTRIBUTORS

Diamond – Over \$10,000

Donna K. Donald, IA - in memory of David E. Donald

Yvonne Steinbring, CA

Anna-Mae Kobbe, MD - in memory of Robert Dothage

Sapphire - \$5000 - \$9999

Jan Harwood, CA

Opal - \$1000-4999

Arkansas Affiliate – NEAFCS - in memory of Dr. Lynn Russell

Arizona Affiliate – NEAFCS - in honor of Sharon Hoelscher Day

Arizona Affiliate – NEAFCS - in honor of retirees, Cynthia Flynn, Lynne Durrant and Victoria Steinfeld Sharon Hoelscher Day, AZ

Ann Fontes, HI

Jean Clarkson-Frisbie, KS

Colorado Affiliate – NEAFCS

Mary Ann Lienhart Cross, IN

Lynne Durrant, AZ

Marilyn Gore, NC

Johanna O. Hahn, VA - in memory of Edward J. and Lilian H. Oresky

Mary L. Heisler, WI

Christine Kniep, WI

Illinois Affiliate – NEAFCS in honor of Past National Presidents from Illinois Iowa Affiliate – NEAFCS - in honor of Sandra McLain

Mabel I. Ito, HI Christine Kniep, WI

Mary Ann Leinhart-Cross, IN

Sandra McLain, IA

Missouri Affiliate – NEAFCS - in honor of Past and Current National Officers from Missouri

North Carolina Affiliate – NEAFCS - in honor of Marilyn Gore

Ohio State University Extension – Ashtabula County - in honor of Cheryle Jones Syracuse

Raygene Paige, MS - in memory of Jackie Beard

Betty Parks Strutin, PA - in memory of June Wilke Snyder

Deloris Pourchot, VA

Patricia Powley, PA

Carol C. Schlitt, IL

Margaret Warren, LA

Frances Watts Torbeck, OR

Gerald L. Warmann, SD

Margaret Warren, LA

Rita T. Wood, NJ - in memory of Carmela Darpino Travaglione

Nancy Abasiekong NCEAFCS

Betty Parks Strutin

Sandra McLain

Kentucky Affiliate – NEAFCS

Ohio State University Extension - Ashtabula

County

Mary Jane Crooks Iowa - NEAFCS

NEAFCS Missouri Affiliate

Amethyst - \$500-999

Alabama Affiliate – NEAFCS American Association of Family & Consumer Sciences – in honor of NEAFCS's 75th Anniversary

2008 NEAFCS Program Excellence Through Research Award, First Place National, Team Members: Elizabeth Reames, Team Leader, Alexis Navarro, Bertina McGhee, Sally Soileau, Terri Crawford, Sheila Haynes, Berteal Rogers, De'Shoyn Friendship, David Bankston, Mike Keenan, Georgianna Tuuri, Katie Dean (LA), Melissa Mixon (MS), Easter Tucker (AR)

Sharon Blaze, NJ

Luann Boyer, CO

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